

# HONORING OUR COLLECTIVE HUMANITY INCLUDE: NORMS DEVELOPMENT PROTOCOL™

Part of our *Leading for Antiracism & Equity Webinar Series* on Youtube:  
[@developingcapacitycoaching](#)



This activity is based on the *Minimum Specs Protocol* from *Liberating Structures*, and is designed for use with teams or groups. Gather your team together for a meeting, define inclusion, introduce and walk through the INCLUDE protocol.

- |          |  |                                |
|----------|--|--------------------------------|
| <b>I</b> | Invite to Inclusion: Ask the team, what are the minimum requirements needed to value & respect all social identities (race, class, gender, etc.) by treating everyone in a fair and just manner? Give everyone time to answer this question individually and make a short list of norms. | <b>Invitation</b>              |
| <b>N</b> | Break the group into small groups or pairs & give time to discuss their individual responses. Groups should narrow the responses to 1 norm that can foster inclusion.  | <b>Narrow</b>                  |
| <b>C</b> | Condense the number of norms, each group shares 1 proposed norm. Raise the final norms from each group with a group discussion.  | <b>Condense</b>                |
| <b>L</b> | Lead a group discussion on the proposed norms. Give everyone a chance to discuss their thoughts on each proposed norm. Ensure all voices are heard, seen, and respected from diverse backgrounds, years of experience, and years in the organization.                                    | <b>Lead</b>                    |
| <b>U</b> | Understand the importance of each proposed norm. For each proposed norm: ask, could we achieve inclusion if we abandoned this norm? If the answer is no, keep the norm. If the answer is yes, discard the norm.  | <b>Understand</b>              |
| <b>D</b> | Decide on the final norms by conducting a final majority vote to narrow down to 3-5 norms. If the list is longer than 5, revisit each norm and ask, if we abandoned this norm, could we achieve inclusion. If yes, discard that norm.  | <b>Decide</b>                  |
| <b>E</b> | Post norms on agendas, in shared documents, & in performance reviews. Use them in group and 1:1 settings. Determine the accountability process for violating norms. Quarterly, discuss where the group excels & can grow. Assess the group's fidelity to norms & adjust as needed.       | <b>Embed, Evaluate, Evolve</b> |